363 COUNT UP/COUNT DOWN PEDOMETER

IMPORTANT: READ THROUGH ALL INSTRUCTIONS BEFORE BEGINNING TO USE YOUR PEDOMETER

BATTERY CAUTION:
- Non-rechargeable batteries are not to be recharged
- Rechargeable batteries must be removed before recharging
- Rechargeable batteries only to be recharged under adult supervision
- Different types of batteries must not be mixed
- New and used batteries not to be mixed
- Exhausted batteries to be removed
- Do not dispose of battery in fire; battery may explode or leak
- Do not dispose of product in fire; battery may explode or leak

OPERATING INSTRUCTIONS

1. Remove the plastic film from the LCD display on the front of the pedometer.
2. Slowly pull the battery protector from the battery door located on the back to activate your pedometer.

DISPLAY OPTIONS AVAILABLE

STEP-COUNT UP

Shows number steps you've taken towards reaching your goal in Count Up mode. Counts up to 99999.

STEP-COUNT DOWN

Shows remaining number of steps you need to take to reach your Count Down goal. Counts down from 99999.

BUTTONS ON YOUR PEDOMETER

MODE: Toggles between Count Up and Count Down functions. This button is also used to increase digits to set your Count Up or Count Down goals.
SET: This button is used to set your goal. It is used in conjunction with the **MODE** button to do so.
RESET: Resets your pedometer to Count Up Mode at 0.

TO OPERATE YOUR PEDOMETER

1. The default goal is 99999 steps in Count Up Mode. Press the **RESET** button to turn your pedometer on. If you do not wish to set a goal, the pedometer will count up to 99999 before beeping to indicate that you've reached your goal. At any time you can press the **MODE** button to toggle to the Count Down Mode. The display will show the number of steps you need to take to achieve your goal or to achieve 99999 steps if you have not set a goal.
2. To set a Count Up goal, press the **MODE** button to toggle into Count Up Mode if it does not already show on the pedometer display. Hold the **SET** button for 3 seconds. The display will show 99999 and the digit furthest to the right will flash. Press the **MODE** button to increase the digit to the desired goal for that digit placement and press **SET** again. The next digit will flash. Press the **MODE** button again to increase to the desired digit number and press **SET** again. Continue this process until all five digits are set to your desired goal.

NOTE: If you do not reset your goal once it is reached, the pedometer will beep at increments of the goal you have set. For example, if you set your goal to 150 steps, the pedometer will beep at 150, 300, 450, etc.

At any time you can press the **MODE** button to Count Down Mode and the display will tell you how many more steps needed to reach your original goal. For example, if your goal is set at 150 steps and you have walked 110 steps, when you press the **MODE** button to toggle into Count Down Mode, it will show you have 40 steps left.

If you continue to walk past your Count Up goal of 150 steps and toggle into Count Down, it will continue to count down in increments of 150 steps. For example, if you toggle to Count Down Mode at 280 steps, your pedometer will show that you have 20 steps remaining to achieve 300 steps.

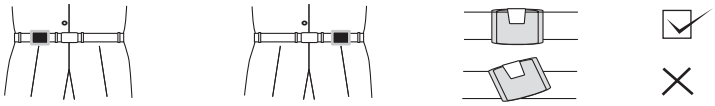
3. To set a Count Down goal, press the **MODE** button until Count Down shows on the LCD display. Hold the **SET** button for three seconds. The display will show 99999 and the digit furthest to the right will flash. Press the **MODE** button to increase the digit to the desired goal for that digit placement and press **SET** again. The next digit will flash. Press the **MODE** button again to increase to the desired digit number and press set again. Continue this process until all five digits are set to your Count Down goal.

Once you've achieved your Count Down goal, your pedometer has sounded to indicate this. If you continue to walk past your goal, your pedometer will reset itself to your original countdown goal and start counting down again. For example, if you set your Count Down goal at 200, once you've walked beyond 200 steps, it will go back to 200 again to count down.

If you have passed your preset goal, your pedometer will add the number of steps taken to that point. For example, if your Count Down goal is 200 steps and you've gone 20 steps beyond your goal in Count Down Mode, the display will show 180. If you toggle to Count Up Mode, the display will show that you have taken 220 steps.

TO POSITION YOUR PEDOMETER

1. Clip the unit to your belt or the top of your shorts or trousers as close as possible to the crease line of your pant.
2. The pedometer must always be horizontal so it is parallel with the ground. Do not attach at an angle or sideways as false readings will occur.



TO REPLACE BATTERY

1. Open battery door.
2. Replace with one AG13 or equivalent battery.
3. Ensure that the battery is inserted in the correct polarity position.

OTHER USEFUL INFORMATION

1. Treat your pedometer with care.
2. Pedometer is NOT waterproof or shockproof.
3. This pedometer is designed to remain on continuously.
4. Battery life is approximately one year.

Please note: Before using your pedometer, remove battery insulation strip. (Insulation strip designed to preserve battery power)

GUARANTEE CERTIFICATE

If at any time within one (1) year from the purchase date of this product, it fails to perform properly because of defects in material or manufacturing, return it prepaid to:
E&B GIFTWARE, LLC, 585 Oak Ridge Road, Hazleton, PA 18202
Complete this Guarantee Certificate and enclose it (or a copy of it) with the product. To expedite replacement or repair, ***do not return*** *the defective unit to the store from which it was purchased but return it directly to SPORTLINE. (PLEASE PRINT CLEARLY)*

NAME _____ TEL _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

STORE PURCHASED FROM _____

DATE OF PURCHASE _____ PURCHASE PRICE _____

PROBLEM WITH PRODUCT _____

REPLACEMENT

This product has been carefully designed, manufactured and packaged. If any parts are missing or damaged, please contact us at the address above and we will replace unit at no charge. (Guarantee does not cover crystal or battery.) By contacting SPORTLINE, Inc. rather than the company from which you purchased this product, we will be able to more rapidly service your needs.

AFTER WARRANTY

If the warranty period has expired and the unit is returned to Sportline for servicing, enclose $7.50 for postage and handling. Send your unit insured to our Service Department at the address shown. If you are located outside the United States either return the unit by insured mail or to the dealer/distributor where purchased.

SPORTLINE
THE PROFESSIONAL'S CHOICE
E&B GIFTWARE, LLC, 585 Oak Ridge Road, Hazleton, PA 18202